

POOL SCHEDULE: MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00 AM	6:00am-6:30am Closed for Maintenance	6:00am-6:30am Closed for Maintenance	6:00am-6:30am Closed for Maintenance	6:00am-6:30am Closed for Maintenance	6:00am-6:30am Closed for Maintenance			
6:30 AM	6:30 am-9:00 am Open Swim	Open Swim	6:30 am-9:00 am Open Swim	Open Swim	6:30 am-9:00 am Open Swim	8:00 am-4:00 pm Open Swim	9:00 am-5:00 pm Open Swim	
7:00 AM		7:30 am-8:30 am Silver Splash/Balance		6:30 am-9:00 am Open Swim				7:30 am-8:30 am Silver Splash/Balance
7:30 AM								
8:00 AM	Open Swim	Open Swim	Open Swim	Open Swim				
8:30 AM								
9:00 AM	9:00 am-12:00 pm Physical Rehab	9:00 am-10:30 am Physical Rehab	9:00 am-12:00 pm Physical Rehab	9:00 am-10:30 am Physical Rehab	9:00 am-12:00 pm Physical Rehab			
9:30 AM		10:30 am-11:30 am Silver Splash/Balance		9:00 am-12:00 pm Physical Rehab				10:30 am-11:30 am Silver Splash/Balance
10:00 AM								
10:30 AM	12:00 pm - 1:00 pm Open Swim	11:30 am - 1:30 pm Open Swim	12:00 pm - 1:00 pm Open Swim	11:30 am - 1:30 pm Open Swim	12:00 pm-1:00 pm Open Swim			
11:00 AM		1:30 pm-2:30 pm Silver Splash/Balance		1:00 pm-4:00 pm Physical Rehab				2:30 pm-5:00 pm Physical Rehab
11:30 AM								
12:00 PM	1:00 pm-5:00 pm Physical Rehab	3:30 pm-5:00 pm Open Swim	4:00 pm-7:00 pm Open Swim	Open Swim	3:00 pm-7:00 pm Open Swim			
12:30 PM		5:00 pm-7:00 pm Swimming Lessons				5:30 pm-6:30 pm Pool Power		
1:00 PM								
1:30 PM	Open Swim	5:00 pm-7:00 pm Swimming Lessons	4:00 pm-7:00 pm Open Swim	Open Swim	3:00 pm-7:00 pm Open Swim			
2:00 PM						5:30 pm-6:30 pm AquaFit	5:30 pm-6:30 pm Pool Power	
2:30 PM								
3:00 PM	Open Swim	5:00 pm-7:00 pm Swimming Lessons	4:00 pm-7:00 pm Open Swim	Open Swim	3:00 pm-7:00 pm Open Swim			
3:30 PM						5:30 pm-6:30 pm AquaFit	5:30 pm-6:30 pm Pool Power	
4:00 PM								
4:30 PM	Open Swim	5:00 pm-7:00 pm Swimming Lessons	4:00 pm-7:00 pm Open Swim	Open Swim	3:00 pm-7:00 pm Open Swim			
5:00 PM						5:30 pm-6:30 pm AquaFit	5:30 pm-6:30 pm Pool Power	
5:30 PM								
6:00 PM	Open Swim	5:00 pm-7:00 pm Swimming Lessons	4:00 pm-7:00 pm Open Swim	Open Swim	3:00 pm-7:00 pm Open Swim			
6:30 PM								

Remember that a buddy is required at **all times** when using the pool, so please plan accordingly

March 8th, 22nd, and 29th: Open Swim will be 9:00am -- 5:00pm